

GLUTEN FREE MENU

PASTAS

Pastas include side salad or minestrone soup.

PORTABELLA PENNE

Sauteed portabella mushrooms, artichoke hearts and fresh tomatoes, tossed with gluten free penne in a balsamic butter topped with parmesan. 19

SHRIMP PENNE

Shrimp tossed in garlic butter and gluten free penne. 22

BRUSCHETTA CHICKEN PASTA

Grilled chicken breast, tomatoes, basil, red onion, kalamata olives and shaved cheese on a bed of balsamic butter gluten free penne, finished with a balsamic glaze. 22

CAJUN GRILL

Grilled chicken and Italian sausage tossed with penne in a spicy red cream sauce. 22.5

PENNE MARINARA

Penne topped with marinara. 14.5
With Italian sausage 17.5
Baked with cheese 17.5

CHEESE RAVIOLI

Brown rice and egg pasta filled with ricotta, parmesan and mozzarella with your choice of marinara or garlic butter. 18

Add an Italian Sausage Link or Baked with Cheese 3 each

10" PIZZAS

Upgrade to a cauliflower crust for 1.5

BENVENUTO

Pepperoni, ham, Italian sausage, mushrooms, onions, black olives and bell peppers with five cheeses. 16

MARGHERITA

Fresh mozzarella, basil, oven roasted tomatoes and garlic on a olive oil brushed crust. 14.5

VEGGIE

Marinara and your choice of four veggies from the list below, topped with five cheeses. 13

THREE MEAT COMBO

Pepperoni, ham, Italian sausage and five cheeses. 15

BBQ CHICKEN

Chicken, red onion, BBQ and pizza sauce with our five cheese blend. 14.5

FORMAGGIO

A blend of five cheeses atop pizza sauce. Add your favorite toppings below. 13

ADDITIONAL TOPPINGS 1.5 each

Pepperoni	Extra Cheese	Green Peppers
Italian Sausage	Fresh Spinach	Red Onions
Ham	Pineapple	Seasoned Broccoli
Chicken	Portabellas	Banana Peppers
Bacon	Onions	Roasted Garlic
Shrimp	Green Olives	Sun-Dried Tomatoes
Mushrooms	Tomatoes	
Black Olives	Artichoke Hearts	
	Fresh Basil	

This menu and the information on it is provided by Benvenuto's in corporation with the Gluten intolerance Group (GIG), as a service to our customers. Benvenuto's and GIG assume no responsibility for its use and information which has not been verified by Benvenuto's Patrons are encouraged to consider the information in light of their individual requirements and needs to their own satisfaction. This menu has been approved by a licensed WI dietitian.

Benvenuto's proudly uses only antibiotic-free, all natural chicken in everything we make.

SALADS

Dressing Choices: Raspberry Vinaigrette, Balsamic Vinaigrette, Ranch, Italian, Bleu Cheese, Chipotle Ranch, Honey Mustard, French

COBB

A lettuce blend with grilled chicken breast, cheddar, black olives, bacon, eggs, tomatoes, red onions, crumbled bleu cheese and your choice of dressing. 15

ITALIAN

Romaine, salami, cappicola ham, mozzarella, red onions, banana peppers, black olives, tomatoes and Italian dressing. 14

SOUTHWEST CHICKEN

A garden blend with spicy grilled chicken breast, peppers, tomatoes, onions, cheddar, bacon, black beans and roasted corn salsa with a side of chipotle ranch dressing. 15

SANDWICHES

All sandwiches are served with your choice of one side.

GRILLED CHICKEN

Grilled chicken breasts with lettuce, tomato and red onion services on a gluten free bun with pesto mayo. 14

HOT SUPREME

A toasted gluten free bun with cappicola, pepperoni, salami, mozzarella, lettuce, tomato, red onion and Italian dressing. 13.5

BURGERS*

A 1/2 lb. steak burger on a gluten free bun with your choice of lettuce, tomato, onion and mayo. Burger* 12 Cheeseburger* 12.5 Bacon Cheeseburger* 13

SOUTHWEST CHICKEN

Spicy grilled chicken, bacon, cheddar and chipotle ranch on a gluten free bun with lettuce, tomato and red onion. 15

ENTREES

The following includes one side choice and soup or salad.

BAKED COD

Brushed with butter and baked. Lunch 12.5 Dinner 17

GRILLED FRESH SALMON*

A fresh never frozen grilled fillet with basil and lemon. Lunch 16.5 Dinner 25

GRILLED SHRIMP SKEWERS

Jumbo shrimp served with cocktail sauce and our house aioli. Lunch 15 Dinner 21

SMOTHERED CHICKEN

Grilled chicken breasts with peppers, onions and mozzarella. Lunch 13 Dinner 18

FLAME GRILLED STEAK CHOICES*

SIRLOIN 6 oz. - 16 10 oz. - 22.5

RIBEYE 14 oz. - 24

Add Mushroom Onion Combo 4
Add Sauteed Button Mushrooms 4

SIDE CHOICES:

Steamed Broccoli
Roasted Cauliflower
Five Grain Blend

Fresh Fruit
Salad
Garlic Mashed Potatoes
Parmesan Risotto

**Whether dining out or preparing food at home, consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*