



# GLUTEN FREE MENU

BENVENUTO'S PROUDLY USES ONLY ANTIBIOTIC-FREE, ALL NATURAL CHICKEN IN EVERYTHING WE MAKE.

## PASTAS

Pastas include side salad or minestrone soup.

### PORTABELLA PENNE

Sautéed portabella mushrooms, artichoke hearts and fresh tomatoes tossed with gluten free penne in a balsamic butter topped with parmesan. **18.5**

### SHRIMP PENNE

Shrimp tossed in garlic butter and gluten free penne. **22**

### BRUSCHETTA CHICKEN PASTA

Grilled chicken breast, tomatoes, basil, red onion, kalamata olives and shaved cheese on a bed of balsamic butter gluten free penne, finished with a balsamic glaze. **21.5**

### CAJUN GRILLED PASTA

Gluten free penne tossed with grilled chicken and Italian sausage in a mildly spicy red cream sauce. **22**

### PENNE MARINARA

Penne topped with marinara. **14**

**With Italian sausage: 17**

**Baked with cheese: 17**

### CHEESE RAVIOLI

Brown rice and egg pasta filled with ricotta, parmesan and mozzarella with your choice of marinara or garlic butter. **17.5**

Add an Italian sausage link or baked with cheese 3 each.

## 10" PIZZAS

### BENVENUTO

Pepperoni, ham, Italian sausage, mushrooms, onions, black olives and bell peppers with five cheeses. **15.5**

### MARGHERITA

Fresh mozzarella and basil, sliced tomatoes and roasted garlic on an olive oil brushed crust. **14.5**

### VEGGIE

Marinara and your choice of four veggies from the list below topped with five cheeses. **13**

### THREE MEAT COMBO

Pepperoni, ham, Italian sausage and five cheeses. **14.5**

### BBQ CHICKEN

Chicken, red onion, BBQ and pizza sauce with our five cheese blend. **14.5**

### FORMAGGIO

A blend of five cheeses atop pizza sauce. Add your favorite toppings below. **12.5**

### Additional Toppings 1.5

Pepperoni  
Italian Sausage  
Ham  
Chicken  
Beef

Bacon  
Salami  
Anchovies  
Shrimp

Mushrooms  
Black Olives  
Extra Cheese  
Fresh Spinach  
Pineapple

Portabellas  
Onions  
Green Olives  
Fresh Tomatoes  
Artichoke Hearts

Fresh Basil  
Cheddar Cheese  
Pesto Sauce  
Green Peppers  
Red Onions

Seasoned Broccoli  
Banana Peppers  
Roasted Garlic  
Sun-Dried Tomatoes  
BBQ Sauce

This menu and the information on it is provided by Benvenuto's, in cooperation with the Gluten Intolerance Group® (GIG®), as a service to our customers. Benvenuto's and GIG® assume no responsibility for its use and information which has not been verified by Benvenuto's. Patrons are encouraged to consider this information in light of their individual requirements and needs to their own satisfaction. This menu has been approved by a licensed WI dietician.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase risk of foodborne illness, especially if you have certain medical conditions.



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## SANDWICHES

All sandwiches are served with your choice of one side.

### GRILLED CHICKEN

Grilled chicken breasts with lettuce, tomato and red onion served on a gluten free bun with pesto mayo. **14**

### BURGERS\*

A 1/2 lb. steak burger on a gluten free bun with your choice of lettuce, tomato, onion and mayo.

*Burger* 12

*Cheeseburger* 12.5

*Bacon Cheeseburger* 13

### HOT SUPREME

A toasted gluten free bun with capicola, pepperoni, salami, mozzarella, lettuce, tomato, red onion and Italian dressing. **13.5**

### SOUTHWEST CHICKEN

Spicy grilled chicken, bacon, cheddar and chipotle ranch on a gluten free bun with lettuce, tomato and red onion. **15**

## SALADS

### COBB

A lettuce blend with grilled chicken breast, cheddar, black olives, bacon, eggs, tomatoes, red onions, crumbled bleu cheese and your choice of dressing. **15**

### ITALIAN

Romaine, salami, capicola ham, mozzarella, red onions, banana peppers, black olives, tomatoes and Italian dressing. **14**

### SOUTHWEST CHICKEN

A garden blend with spicy grilled chicken breast, peppers, tomatoes, onions, cheddar, bacon, black bean and roasted corn salsa with a side of chipotle ranch dressing. **15**

#### DRESSING CHOICES

Raspberry Vinaigrette	Ranch	Chipotle Ranch
Balsamic Vinaigrette	Italian	Honey Mustard
	Bleu Cheese	French

## ENTRÉES

The following includes one side choice and soup or salad.

### BAKED COD

Brushed with butter and baked.

Lunch 12      Dinner 16.5

### GRILLED SHRIMP SKEWERS

Jumbo shrimp served with cocktail sauce and our house aioli.

Lunch 14      Dinner 20

### GRILLED FRESH SALMON\*

A fresh, never frozen grilled fillet with basil and lemon.

Lunch 16.5      Dinner 25

### SMOTHERED CHICKEN

Grilled chicken breasts with peppers, onions and mozzarella.

Lunch 13      Dinner 18

### FLAME GRILLED STEAK CHOICES\*

Sirloin 6 oz. 16      10 oz. 22.5

Ribeye 14 oz. 24

Add mushroom onion combo 4

Add sautéed button mushrooms 4

SIDE CHOICES	Fresh Vegetables	Fresh Fruit	Parmesan Risotto
Seasoned Broccoli	Garlic Mashed Potatoes	Salad	Parsley Butter Potatoes

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