

FEATURES

STARTERS

✓ **STUFFED PORTABELLA MUSHROOMS**

Five grain blend, black bean, corn, roasted red pepper and onion stuffed in portabella mushroom caps with chimichurri sauce. 12

ENTREES

✓ **ZUCCHINI SPAGHETTI**

Low carb fresh made zucchini spaghetti tossed with basil pesto, grape tomatoes and topped with shaved cheese (optional). Includes soup or salad. 18
Add Chicken 4.5 • Add Shrimp 7 • Add Fresh Salmon 9

CHORIZO BOLOGNESE

Spicy chorizo, swiss chard and tomato sauce tossed with spaghetti. Includes choice of soup or salad. 16

ITALIAN ASPARAGUS SALAD

Baby spinach and romaine lettuce topped with fresh asparagus, grape tomatoes, feta cheese and grilled chicken breast. Served with our house Italian dressing. 15.5

BRUSSELS AND BACON PIZZA

Crispy brussel sprouts and bacon on alfredo sauce with parmesan and balsamic glaze. 10"-12 16"-23.5

✓ **BUTTERNUT CURRY BOWL**

Coconut curry on butternut squash noodles with sauteed onion, roasted red pepper and mushroom. Topped with pistachios and fresh mint.

Includes choice of soup or salad. 18

Add Chicken 4.5 • Add Shrimp 7 • Add Salmon 9

BENVENUTO PASTA

Italian sausage, ham, peppers, onions, mushrooms and Chianti marinara tossed with penne; topped with baked mozzarella and pepperoni. Includes choice of soup or salad. 17

STEAK GORGONZOLA FETTUCCHINE*

Fresh spinach and roasted garlic tossed together with fettuccine in gorgonzola alfredo sauce, topped with grilled prime grade sirloin medallions and parmesan, then drizzled with balsamic glaze. Includes your choice of soup or salad. 25

SEAFOOD CANNELLONI

Pasta tubes filled with a blend of North Atlantic lobster, scallops and shrimp in a lobster sherry cream reduction, baked with alfredo and an Italian cheese blend. Includes your choice of soup or salad. 22

SALMON CARBONARA*

Seared salmon, bacon, fresh mushrooms and green peas tossed together with penne pasta in a garlic cream sauce. Includes your choice of salad or soup. 24

✓ **Blue Zones Inspired Dish**

DESSERT

BERRIES AND CREAM

Creamy burrata topped with a red wine and balsamic four berry blend reduction. 6